

## TANGERINE - 15 ML



Tangerine (*Citrus reticulata*) is a calming essential oil with a sweet, tangy aroma, similar to orange. It helps with occasional nervous irritability. An excellent oil to help uplift the spirit and bring about a sense of security, tangerine is also rich in the powerful antioxidant d-limonene. Tangerine may also be used to enhance the flavor of food.

How to use: For dietary, aromatic or topical use. When using as a supplement, dilute one drop in 4 drops of vegetable oil and put into capsule. Then take one capsule before each meal or as desired.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Do not use near fire, flame, heat or spark. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children. Tangerine should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within twelve hours.

Ingredients:

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.