



## ROSEMARY - 15 ML

Rosemary (*Rosmarinus officinalis* CT cineol) has a fresh, herbaceous, sweet, slightly medicinal aroma. An energizing oil, it may be beneficial for helping to restore mental alertness when experiencing fatigue.\* It is also a popular ingredient in skin and hair care products. This oil should be diluted before use and is recommended for adult use only. Rosemary may also be used to enhance the flavor of foods while cooking. Rosemary has an approximate ORAC of 3,309 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

How to use: For dietary or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as soy or rice milk.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Do not use on children under 4 years of age.

Ingredients:

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.