



## RELIEVE IT - 15 ML

Relieve It™ is a deeply relaxing, warming blend of therapeutic-grade essential oils that feels soothing and comforting to muscles and joints following exercise.

How to use: For aromatic use. Apply on location. Alternate with PanAway™ or Helichrysum™. Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children.

Ingredients: Spruce (*Picea mariana*), black pepper (*Piper nigrum*) fruit oil, hyssop (*Hyssopus officinalis*) and peppermint (*Mentha piperita*).

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.