



NUTMEG - 5 ML

Nutmeg (*Myristica fragrans*) has a sweet, warm, spicy scent similar to the spice commonly used in cooking. Comforting and soothing, nutmeg helps boost energy. It also supports nervous and endocrine systems and prostaglandin balance.* Nutmeg has an approximate ORAC of 1,581,360 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

How to use: For dietary or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as soy or rice milk.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Do not use near fire, flame, heat or spark. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children.

Ingredients:

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.