

MYRRH - 15 ML



Myrrh (*Commiphora myrrha*) has a rich, smoky, balsamic aroma that is purifying, restorative, revitalizing, and uplifting. It is a helpful aid to meditation, having one of the highest levels of sesquiterpenes available. Sesquiterpenes are a class of compounds that have a direct effect on the hypothalamus, pituitary, and amygdala, the seat of our emotions. Myrrh is referenced throughout the Old and New Testaments of the Bible. The Arabian people believed it helped wrinkled, chapped, and cracked skin. Today, myrrh is widely used in oral hygiene products. Myrrh has an approximate ORAC of 3,193,813 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

How to use: For dietary, aromatic, or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as goat's or rice milk.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician.

Ingredients:

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.