



## MELISSA - 5 ML

Melissa (*Melissa officinalis*) has a light, fresh, lemony scent that is strengthening and revitalizing, yet soothing and calming. It was an important ingredient in Carmelite water (distilled in France since 1611 by members of the Carmelite Order). Several studies report that melissa may benefit the skin. It is also comforting during the winter season and supportive of immune system function.\* Melissa has an approximate ORAC of 1,343,547 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

How to use: For dietary or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as soy or rice milk.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician.

Ingredients:

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.