

## GROUNDING - 5 ML



Grounding™ is a relaxing and balancing blend of essential oils that provides a stabilizing influence. Emotional chaos can lead to poor decisions. Grounding helps you cope with reality in a positive manner.

How to use: For aromatic or topical use. Diffuse or wear on the back of the neck and on the temples. Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution not required; suitable for all but the most sensitive skin. Generally safe for children over 2 years of age.

Ingredients: White fir (*Abies concolor*), spruce (*Picea mariana*), ylang ylang (*Cananga odorata*), pine (*Pinus sylvestris*), cedarwood (*Cedrus atlantica*), angelica (*Angelica archangelica*) and Juniper (*Juniperus osteosperma* and *J. scopulorum*).

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.