



GRAPEFRUIT - 15 ML

Grapefruit (*Citrus paradisi*) has a fresh, citrus aroma that is energizing and uplifting. Rich in the powerful antioxidant d-limonene, it is nourishing to the skin. Like many coldpressed citrus oils, it is a popular oil to use in conjunction with weight management programs. Grapefruit may also be used to enhance the flavor of food and water. Grapefruit has an approximate ORAC of 226,234 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

How to use: For dietary or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as soy or rice milk.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children. Avoid using on skin exposed to direct sunlight or UV rays.

Ingredients:

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.