



## FRANKINCENSE - 15 ML

Frankincense (*Boswellia carteri*) has a sweet, warm, balsamic aroma that is stimulating and elevating to the mind. Useful for visualizing, improving one's spiritual connection, and centering, it has comforting properties that help focus the mind and overcome stress and despair. Frankincense is considered the holy anointing oil in the Middle East, where it has been used in religious ceremonies for thousands of years. More recently, it has been used in European and American hospitals and is the subject of substantial research. Frankincense is also a valuable ingredient in skin care products for aging and dry skin. The ancient Egyptians used it in rejuvenation face masks. Frankincense has an approximate ORAC of 6,125 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

How to use: For dietary or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as soy or rice milk.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children.

Ingredients:

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.