

ELEMI - 15ML



Elemi (*Canarium luzonicum*) has a spicy, incense-like scent that is soft and somewhat balsamic. A member of the same botanical family as frankincense and myrrh, it has been used traditionally in Europe for the skin. Elemi is highly regarded for reducing the look of fine lines and wrinkles, skin support, and for soothing muscles after exercise.

How to use: For dietary, aromatic or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of rice or goat's milk or put one drop into a capsule. Then take one capsule before each meal or as desired.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician.

Ingredients:

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.